



Herbal Formularies for Health Professionals, Volume 1

Digestion and Elimination, including the Gastrointestinal System, Liver and Gallbladder, Urinary System, and the Skin

Dr. Jill Stansbury, ND

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While naturopathy and alternative medicine have been on the rise in the U.S., practicing clinicians have not had an authoritative resource on herbal formularies—until now.

Dr. Jill Stansbury—one of the leading clinical herbalists in the country, with over 30 years of clinical experience—has made the creation of such a desk reference her life's work: *Herbal Formularies for Health Professionals*, a five-volume series, provides a comprehensive, user-friendly reference manual for herbalists, physicians, nurses, and students.

The texts in this series are more extensive than any existing clinical guide—covering more particular diagnoses and conditions, and embracing both traditional and modern research—and a professional index makes information accessible and user-friendly for busy clinicians looking to quickly find some guidance in the middle of a patient day.

Organized by body system, these formularies are also a tutorial for budding herbalists. Rather than prescribing a one-size-fits-all treatment for a basic diagnosis, Dr. Stansbury's approach focuses on the sophisticated art of fine-tuning the precision of an herbal formula for the constitution and overall health condition of an individual patient.

The series starts with *Herbal Formularies for Health Professionals, Volume I*, an in-depth guide to using herbal therapies in treating conditions of the organs of digestion and elimination, which are considered the foundation of health. *Volume II: Circulation and Respiration* and *Volume III: Endocrinology* will be available later in 2018, and *Volume IV: Neurology, Psychiatry, and Pain Management* and *Volume V: Immunology, Orthopedics, and Otolaryngology* will be published in spring 2019.

This definitive guide is a must-have resource for naturopathic physicians, acupuncturists, nurse practitioners, and other allied health professionals.



Jill Stansbury, ND, is a naturopathic physician with 30 years of clinical experience. She served as the Chair of the Botanical Medicine Department of the National University of Natural Medicine in Portland, Oregon, for over 20 years. She remains on the faculty teaching herbal medicine and medicinal plant chemistry and leading ethnobotany field courses in the Amazon. She is the coauthor of *The PCOS Health and Nutrition Guide* and *Herbs for Health and Healing*. Dr. Stansbury lives in Battle Ground, Washington, and is the medical director of Battle Ground Healing Arts. She also runs an herbal apothecary offering the best quality medicines from around the world, featuring many of her own custom tea formulas, blends, powders, and medicinal foods.

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