



It's All in Your Mouth

Biological Dentistry and the Surprising Impact of Oral Health on Whole Body Wellness

Dr. Dominik Nischwitz

Health & Wellness

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The future of medicine—and the key to a healthier life—starts in your mouth

American health professionals are beginning to discover what their European counterparts have long understood: Many common chronic conditions—obesity, stroke, diabetes, Alzheimer's, heart disease, cancer, among others—often have their origins in the mouth. In a groundbreaking new work, German dentist Dr. Dominik Nischwitz presents the principles of biological dentistry along with emerging scientific research on the mouth's vital role in the body's microbiome—a key to whole body wellness.

Challenging conventional dental wisdom that teeth are separate from the rest of the body, and conventional dental practices that often cause more harm than good, *It's All in Your Mouth* delivers:

- The latest research about the microbiome and the mouth
- Critical information on the dangers of root canals and amalgam fillings
- The important role of nutrition in oral health and hygiene
- A clarion call for a new approach to dentistry

Sensible, holistic, and humane, *It's All in Your Mouth* presents a necessary new approach to natural immunity to chronic disease and integrating dental hygiene with whole body wellness.

To request a review copy or author interview, please contact: Christina Butt (802) 295-6300 ext. 127, or cbutt@chelseagreen.com

Author Availability: Germany, or by phone or arrangement



Dr. Dominik Nischwitz is a dentist and naturopath, a world specialist in biological dentistry and ceramic implants, and the president of the International Society of Metal Free Implantology (ISMI). In 2015, Dr. Nischwitz cofounded DNA Health and Aesthetics, Center for Biological Dentistry, with his father in Tübingen, Germany. A pioneer in the field of holistic odontology, Dr. Nischwitz regularly gives lectures and trainings around the world.

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